

Counselor-in-Training Program



Make a difference

Counselors-in-Training (CITs) have the opportunity to create life-changing experiences for individuals with special needs. CITs develop lifelong skills in communication, teamwork and advocacy through robust training and hands-on experience. Responsibilities include assisting counselors with supervision of campers, personal care and camp activities.

Benefits



Character and Career Development



Networking Opportunities



Letters of Recommendation



Earn up to 112 Community Service Hours

Program Goals

Disability Awareness

Foster empathy and advocacy for individuals with disabilities and medical conditions.

Character Building

Develop lifelong skills in communication, teamwork, empathy, perseverance, authenticity, role modeling and advocacy.

Career Development

Learn practical skills to prepare for careers in areas such as healthcare and recreation.

Program Requirements

- Must be at least 16 years of age
- Exhibit maturity and responsibility
- Support Camp Aldersgate's mission
- Complete mandatory CIT Training
- Volunteer at least one session of summer camp

Contact Us



501-225-1444



eblosfelds@campaldersgate.net

Apply Now

APPLICATIONS OPEN
NOVEMBER 1 - MARCH 31

campaldersgatecit.campbrainregistration.com



Applications are reviewed and accepted on a rolling basis each month. Positions may be filled before March 31, so we encourage you to apply as early as possible for the best chance of securing a spot.



I really enjoyed connecting with campers and helping create a supportive and fun environment. It was inspiring to see how much confidence campers gained throughout the week, and I was grateful to be a part of their experience.

-COUNSELOR-IN-TRAINING, 2025

2026 Schedule & Training

Mandatory Training

Must attend one prior to assigned session(s)

March 20, 2026

April 18, 2026

May 9, 2026

Daylong training covers topics such as disability etiquette, general personal care, camp policies and procedures, diagnosis specific information, character building and more. Earn 8 volunteer hours for participation.

Summer Camp Season

Diabetes Camp

June 7-12

Muscular Dystrophy Camp

June 14-19

Kota 1 Camp

June 21-26

Kota 2 Camp

July 5-10

Young Adult Camp

(Must be 18+ to volunteer)

July 12-17

Spinal Disorders Camp

July 19-24

Chronic Health Conditions Camp

Audiology Camp

July 26-31

Volunteer Fee

We ask CITs to pay a small volunteer fee to help offset the cost of meals, lodging, background checks and other administrative costs. Fee covers an entire year of volunteering and is not due until your first camp session placement. The cost ranges from \$75-\$275 and is based on a voluntary sliding scale.