



## SUMMER CAMP PACKING LIST



### CLOTHING/SHOES

- Shorts and shirts for six (6) days
- Lightweight jacket and long pants for cooler evenings
- Underwear and socks for six (6) days
- Pajamas
- Tennis shoes or any sturdy shoes for walking and hiking  
(*Open-toed shoes may only be worn at swimming pool.*)



### SWIMMING & OUTDOOR GEAR

- Swimsuit (one-piece preferred)
- Open-toed shoes for the pool
- Bug spray and sunscreen (SPF 30 or above)
- Rain jacket

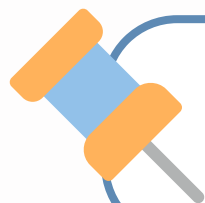
### MEDICAL SUPPLIES

- Prescribed medications in original bottle with doctor's instructions
- One week supply of all medical and personal care supplies needed for daily care



### ESSENTIALS

- Towels (for shower and pool time) and washcloths
- Soap, shampoo, conditioner, toothbrush, toothpaste, deodorant, etc.
- Pillow, sleeping bag and/or blankets and sheets to fit a twin-sized mattress



### REMEMBER

Mark all your camper's clothing and belonging with their initials.

### WHAT NOT TO BRING TO CAMP:

Campers will not be allowed to use cell phones (unless required for medical purposes), iPods, personal video game players, TVs, electrical appliances (except for hair dryers or electrical shavers). Please do not bring personal gaming or sports equipment.